

Youth Red Cross Society

Rajiv Gandhi Government P.G. College Ambikapur

About Red Cross

The Indian Red Cross Society was established under the provision of section 8 of the Indian Red Cross Society act XV of 1920 with it's national headquarters in New Delhi. Indian Red Cross Society Chhattisgarh branch has come into existence in the year 2000 with it's headquarter in Raipur. The youth Red Cross (YRC) society is a part of Indian Red Cross. The Indian Red Cross is organised for the purpose of inculcation in Indian Youth.

The youth Red Cross is the most important constituent of it's mother organisation Indian Red Cross Society. It is a group moments conducted by students in the college. The fundamental principles of the Red Cross are as follows

- ❖ Humanity**
- ❖ Impartiality**
- ❖ Neutrality**
- ❖ Independence**
- ❖ Voluntary service**
- ❖ Unity**
- ❖ Universality**

Youth represents a substantial part of the membership of Red Cross for it's humanitarian commitment. Young volunteers make a significant contribution to meeting the needs of the most vulnerable people within

their local communities through Youth Red Cross programs. The programme focuses on the following areas -

- Promote life and health through training and education on safety, primary health care, hygiene and healthy living.
- Encourage community service through training and education.
- Disseminate the seven fundamental principles of Red Cross.
- Promote communal harmony with activities that cultivate a humanitarian spirit .
- Understanding and accepting civil responsibilities.
- Technical support in the development of youth programmes, fund raising, identification of material and human resources.

Some of the activities of Youth Red Cross are -

- ★ Blood donation camps.
- ★ Orphanage and old age home visit.
- ★ Anti-smoking and drug abuse awareness.
- ★ Health screening camps.
- ★ Sex education programmes.
- ★ First aid training programmes.
- ★ Environment awareness camps.
- ★ Clean and green in our campus.
- ★ Social service activities depending on the need for the student community.

Red cross committee of our college

- ❖ Mr. Sandeep Kushwaha - programme officer
(Assistant professor, chemistry)**
- ❖ Mr. Ashutosh Kaushik - member
(Assistant professor, commerce)**
- ❖ Dr. Kavita Krishnamurty - member
(Assistant professor, zoology)**

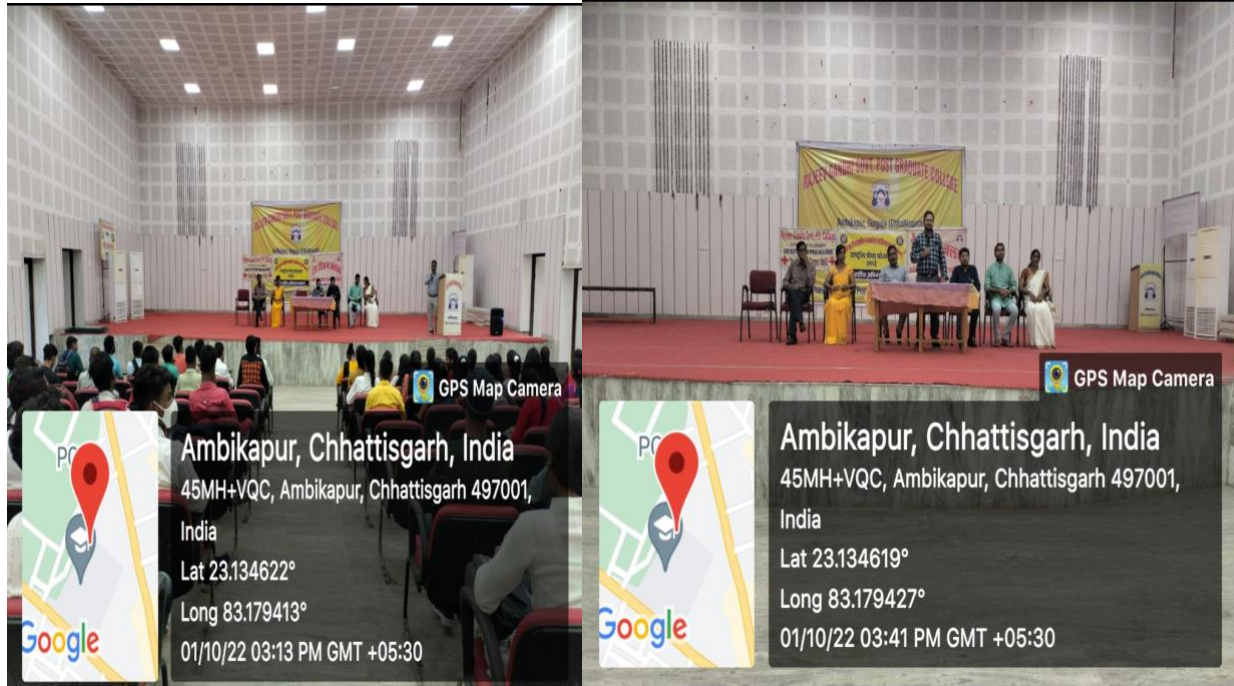
- ❖ **Dr. Ashish Mishra** - member
(Assistant professor, Botany)
- ❖ **Ms. Monika Xess** - member
(Assistant professor, Computer science)
- ❖ **Ms. Anisha Lakra** - member
(Assistant professor, Economics)

Annual report 2022-23 , 23 -24

1. Induction programme - 1st October 2022

.....One day induction programme for students of all faculties was conducted in college auditorium. The mentors for the programme were Dr. Rajkamal Mishra, district coordinator YRC, Dr. Anil Kumar Sinha, former SGG University coordinator NSS, and Dr. S.N. Pandey, SGG University coordinator NSS. The purpose of the programme is to orient the students towards human well-being and to induce them for active participation in Red Cross activities throughout the session.

Glimpse of the event



2. Lecture on clean campus measures: 2nd November 2023

Lecture on Clean campus measures was delivered by Ms. Deepika Swarnkar, assistant professor of Geography. Her lecture based on different measures for any academic institutions to be a clean campus as per norms. She made students aware of carbon credit norms, waste management system, how a functional water harvesting should be, and how important is the role of students to make our campus clean and green.

Glimpse of the event



3. Workshop on Meditation-Yoga and Mental Health 5th December 2022

One day workshop on Medication - Yoga and mental health was organised by YRC. Resource person of the workshop was Dr. Ravindra Kumar Pathak, HOD English,

Gaya University, Gaya. He wonderfully explained the Impact of Dhyān yog in mental health and how it would be so much beneficial to overcome anxiety and depression by simple methods of Dhyān yog.

Glimpse of the event



4. Health screening camp - 22nd March 2023

One day health screening camp was organised for students and faculty members in collaboration with Herbal Life nutrition. Different body parameters like body mass index, body fat, metabolic age etc. have been measured by the experts and suggestions have been provided to maintain the optimum range.

Glimpse of the event



5. Blood donation camp: 6th April 2023

One day mega blood donation was held in collaboration with NCC, NSS and Red Ribbon club. Total 46 blood units(highest till date) have been collected in a single day.



6. Voter awareness campaign: 8th-14th August 2023

For enhanced participation in assembly election 2023 One week voter awareness program in form of rally, drama, nukkad naatak were organised in collaboration with NSS and NCC.

Glimpse of the event:



7. Lecture on AIDS awainess: 1st December 2023

Lecture on different aspects like reasons behind seeking HIV, early symptoms, prevention, medication etc. were extensively discussed by Dr. Shrikant, district program officer AIDS and sickle cell, Surguja district.

Glimpse of the event



8. AIDS awareness rally: 5th December 2023

A rally aiming to aware dense population towards AIDS awareness was held in collaboration with Red ribbon club and NSS units was carried out. Rally begun with flag hosting by principal Dr. Rizwan Ullah from college gate following the MG road, Ambedkar chowk, Banaras road and terminate at library ground.



9. Workshop on Tobacco Prohibition and Mental Health:

In collaboration with department of Sociology one day workshop was held which included various aspects like chemistry of addiction, adverse effects of tobacco products on mental health, COTPA act etc.

Glimpse of the event:

